



Greg Whittaker MA, LMFT

8371 Church Street, Gilroy, CA 95020 | PHONE (408) 848-3331 | FAX (408) 848-3354

Name: _____ Today's Date: _____

Address: _____ City _____ Zip _____

Email: _____

SSN _____ Age: _____ Birth date: _____

Home phone _____ Work Phone _____ Cell _____

Employed By: _____ May I call your work #? Yes /No Initial here _____

In Case of Emergency Notify: Name: _____ Phone _____

FOR MINOR CLIENTS

Mothers' Name: _____ Father's Name: _____

Employer: _____ Phone _____ Employer: _____ Phone: _____

Birthdate: __/__/__ SS# _____ Birthdate __/__/__ SS# _____

For divorced parents, indicate custody arrangement: _____

HISTORY AND BACKGROUND

Marital Status: _____ How long? _____ Number of previous marriages: Self _____ Spouse _____

Spouse/Partner

Name: _____ Occupation: _____ SSN _____

Number of children: Self: _____ Partner: _____ Legal custody: Yes/No

List children and others living in your household:

Name: _____ Age: _____

_____ Age: _____

_____ Age: _____

Faith: _____ Previous Psychotherapy: Yes/No W/Whom? _____

Physician's Name: _____ Phone: _____

Currently under medical care? Yes/ No Reason: _____

Major Accidents, Illnesses, Injuries and Dates: _____



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Current Medications: _____

Significant family mental health and substance abuse history: _____

Do you authorize release of information to your Primary Care Physician, other health care providers, institutions, and referral sources for the purpose of diagnosis, treatment, consultation and professional communication? Do you further authorize the release of information for claims, certification, case management, quality improvement, benefit administration and other purposes related to your health plan and coordination of care? Yes/ No **Initial here** _____

I authorize my insurance carrier to directly pay my practitioner. Yes/No **Initial here** _____

Circle any of the following that apply to you:

- | | | | | |
|-------------------|------------------------|--------------------|-----------------------|--------------------|
| Headaches | Panic attacks | Heart palpitations | Appetite change | Apathy |
| Trouble sleeping | Sexual difficulties | Fearful or shy | Memory problems | Early a.m. waking |
| Tension & Anxiety | Drugs & Alcohol | Blackouts | Lack of Joy | Poor self image |
| Depression | Frequent nightmares | Frequently tired | Trouble concentrating | Poor anger control |
| Low energy | Obsessions/Compulsions | Irritability | Paranoid ideas | Bingeing/Purging |

How much alcohol do you drink? _____ Day/ Week

How much alcohol does your Spouse/Partner Drink? _____ Day/Week

Drug use history: _____

Have you ever attempted suicide? Yes/No Date(s): _____

Are you currently experiencing suicidal thoughts? Yes/No Explain _____

Past or present thoughts or attempts to harm others? Yes/No Explain _____

Current legal or administrative action pending against you? Yes/No Explain _____

Have you ever been convicted of a Crime? Yes/No Explain _____

Why are you coming to counseling? (Please be specific): _____

When you are under stress, or unhappy, what do you do to feel better:

- | | | | | |
|-----------------|--------|----------|----------------|---------|
| Shop | Gamble | Exercise | Faith | Alcohol |
| Creative outlet | Work | Hobbies | Talk w/friends | Sex |
| Drugs | Eat | Groups | Other? _____ | |

Who do you turn to for support? _____

What do you hope to accomplish from our time together? _____